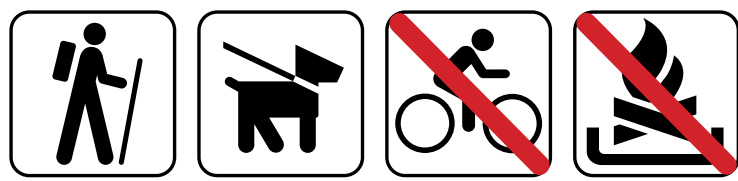


With over 30 miles of trails in this park, there's a lot to explore! To help you get started, this map of the southern end of the park has a suggested hike route keyed to start and end right here at ALLISON PARK!

In case of emergency, call the Parkway Police before calling 9-1-1: 201-768-6001



Tips for Palisades Hikers

Many first-time Palisades hikers are surprised at how rugged our trails can get. Please be prepared!

- Always tell someone where you're going and when you expect to be back. This is just good hiking sense, no matter where you go.
- Bring plenty of water – and drink it as you go. Some basic first aid supplies are always a good idea, too, as are some snacks.
- Wear sturdy shoes that are designed for hiking.
- Dress or pack for all possible weather conditions forecast for the day. Layers are the wisest way to dress for the outdoors – you can add or remove as you go. We also recommend long-sleeved clothing, even in warmer weather. Poison ivy thrives on the Palisades. Ticks are common. Long clothing with a spray of repellent at the cuffs is your best defense.

Download this map at [njpalisades.org/pdfs/hikeAllison.pdf](http://njpalisades.org/pdfs/hikeAllison.pdf)

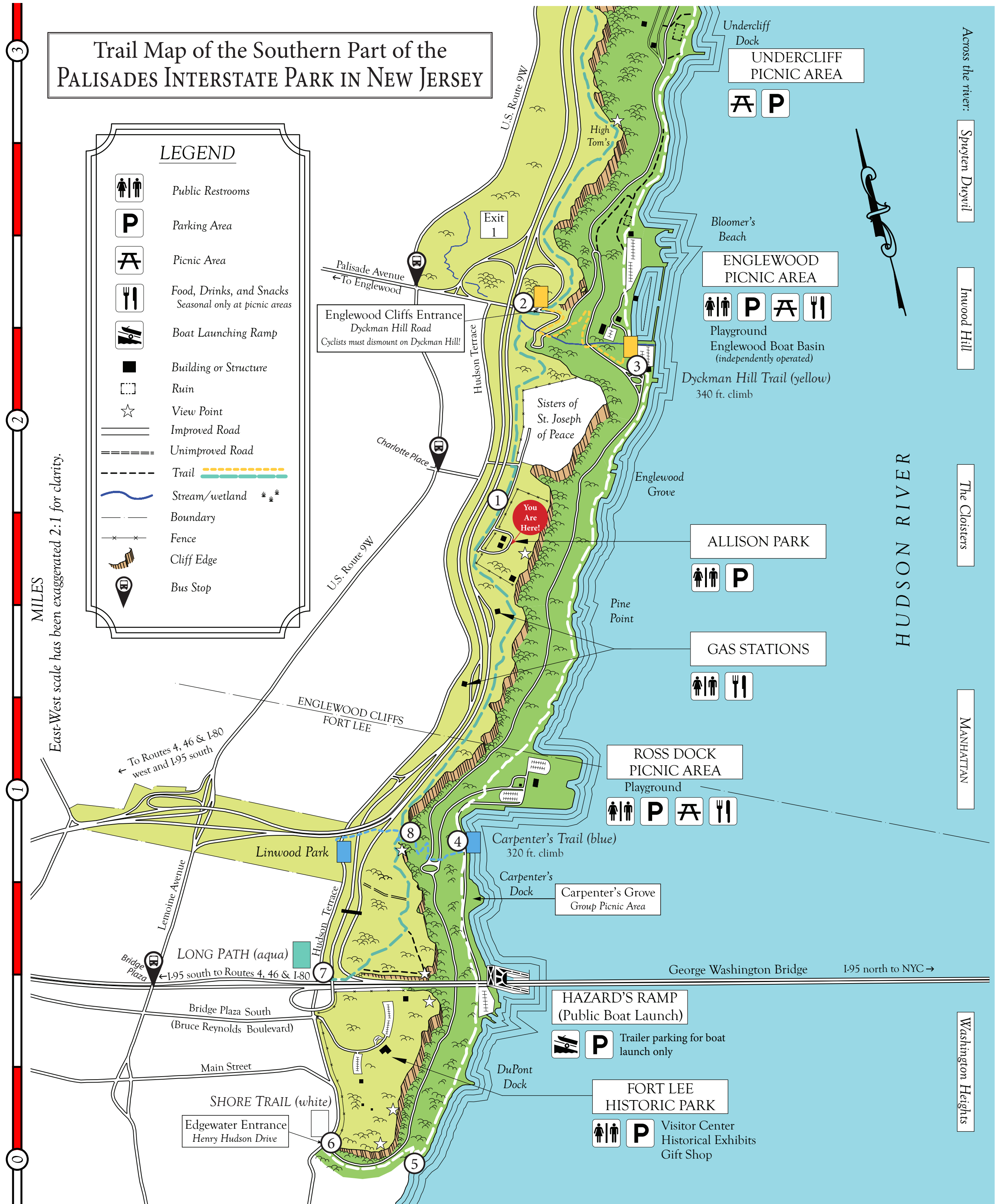


Revised winter 2023.

Trail Map of the Southern Part of the PALISADES INTERSTATE PARK IN NEW JERSEY

**LEGEND**

- Public Restrooms
- Parking Area
- Picnic Area
- Food, Drinks, and Snacks (Seasonal only at picnic areas)
- Boat Launching Ramp
- Building or Structure
- Ruin
- View Point
- Improved Road
- Unimproved Road
- Trail
- Stream/wetland
- Boundary
- Fence
- Cliff Edge
- Bus Stop



CARPENTER'S LOOP

Moderate. About 5.5 mi., 2.5 hrs. round-trip (with an opportunity to shorten by about half).

- Exit Allison Park and turn right (north) to follow the Long Path (aqua markers) along the entrance road. Look out for where the trail goes up and alongside the Sisters of St. Joseph (private property).
- When the trail comes out of the woods at Palisade Avenue, turn right (east) and cross the road to find the start of the Dyckman Hill Trail (yellow markers) at the Englewood Cliffs park entrance. Follow yellow as it zigzags down the mountain alongside a stream to Englewood Picnic Area.
- Use caution as you cross Henry Hudson Drive near the bottom, and turn right (south) onto the Shore Trail (white markers), taking it south through Ross Dock Picnic Area
- Pass the bottom of Carpenter's Trail as you continue south on the Shore Trail.

FOR A SHORTER HIKE...

Turn right (west) on Carpenter's Trail (blue markers) and take this steep trail up to the summit. At the top (8) turn right (north) on the Long Path (aqua markers) and continue about 0.75 mi. to start.

- Continue south on the Shore Trail beneath "The Great Gray Bridge" and past Hazard's Ramp. About half a mile south of Hazard's, the Shore Trail turns right (west) and ascends on stone steps.
- At the Edgewater park entrance at the top of the hill, turn right and take the paved pathway north.
- Pass the entrance to Fort Lee Historic Park (worth a visit if you have time!) and continue beneath the George Washington Bridge overpass to enter the "Northwalk" plaza of the George Washington Bridge. Follow signs up the stairways to the Long Path (aqua markers). Take the Long Path north. ... If you like, you can take a few minutes to explore the unmarked but obvious paths to impressive overlooks of the Bridge...
- Pass the top of Carpenter's Trail as you continue north another 0.75 mi. to start. YOU'RE DONE! GREAT JOB!