Always check at njpalisades.org for updates on trail and road closures etc!
Tips for Palisades Hikers
Many first-time Palisades hikers are surprised at how rugged our trails can get. Please be prepared!

- Always tell someone where you’re going and when you expect to be back. This is just good hiking sense, no matter where you go.
- Bring plenty of water – and drink it as you go. Some basic first aid supplies are always a good idea, too, as are some snacks.
- Wear sturdy shoes that are designed for hiking.
- Dress or pack for all possible weather conditions forecast for the day. Layers are the wisest way to dress for the outdoors – you can add or remove as you go. We also recommend long-sleeved clothing, even in warmer weather. Poison ivy thrives on the Palisades. Ticks are common. Long clothing with a spray of repellent at the cuffs is your best defense.

In case of emergency, call the Parkway Police before calling 9-1-1:

201-768-6001

With over 30 miles of trails in this park, there’s a lot to explore! To help you get started, this map has a suggested hike route, keyed to start and end at ENGLEWOOD PICNIC AREA!

Clinton Point
Challenging. About 8 mi., 5 hrs. round-trip.

1. Begin this hike at the south end of Englewood Picnic Area, by the entrance booth, and find the start of the yellow-marked Dyckman Hill Trail at the base of a stone stairway. Take this trail as it criss-crosses the roadway and a stream to the summit.

2. At the summit is the Englewood Cliffs park entrance. Turn right (north) onto the Long Path (aqua markers) just alongside the entrance ramp to the PIP northbound. Stay on aqua north.

3. In about half a mile you will pass by “High Tom’s,” with an impressive viewpoint north alongside the site of a “pitching place,” where lumberjacks once slid logs down to the river.

4. The Long Path passes through Rockefeller Lookout—take a moment to read the interpretive sign about the creation of the park and how the Parkway’s construction played a role in preserving the Lower Hudson Valley viewshed.

5. In about a mile there will be a slight rise in the terrain, and the cliff edge bows out toward the east. This prominence, roughly opposite the top of East Clinton Avenue in Tenafly, is known as Clinton Point, and affords more great views. In another half mile, you get to the fence surrounding Greenbrook Sanctuary, a nature preserve managed by the Palisades Nature Association and open to its members (go to njpalisades.org/greenbrook to learn more). The Long Path stays between the Greenbrook fence and the northbound PIP, and goes up and down a series of short hills. Along the way...

6. ...you will pass the entrance gate to Greenbrook.

7. Just beyond the northern end of Greenbrook is the top of the red-marked Huyler’s Landing Trail. Take this old farm road downhill to Henry Hudson Drive.

8. Turn left (north) on the Drive and, using caution, follow it about 100 yards to where the red trail continues down to the river.

9. At the base of the Huyler Landing Trail is an old jetty, once the site of a bustling river landing. Here you intersect with the Shore Trail (white markers). Turn right (south) and follow the Shore Trail. You will be on this trail all the way back to Englewood Picnic Area.

10. In about half a mile is the base of Greenbrook Falls, which drops through a series of stone ledges from near the summit to the river. (The flow in this brook, like most in the Palisades, can vary greatly: Greenbrook Falls can range from a trickle to a torrent—but this is always a pretty spot. Also note the impressive arched span of Henry Hudson Drive, some 250 feet above you.) Stay on white headed south, passing more old stone jetties and rustic stone picnic tables (these make great lunch spots).

11. When you get to the impressive ruins of Undercliff Bathhouse, built by the Park Commission in 1922 for a busy river beach, you are half a mile from Englewood Picnic Area—and the end of your hike!