With over 30 miles of trails in this park, there’s a lot to explore! To help you get started, this map of the southern end of the park has a suggested hike route keyed to start and end at ROSS DOCK PICNIC AREA!

In case of emergency, call the Parkway Police before calling 9-1-1: 201-768-6001

**Tips for Palisades Hikers**

Many first-time Palisades hikers are surprised at how rugged our trails can get. Please be prepared!

- Always tell someone where you’re going and when you expect to be back. This is just good hiking sense, no matter where you go.
- Bring plenty of water—and drink it as you go. Some basic first aid supplies are always a good idea, too, as are some snacks.
- Wear sturdy shoes that are designed for hiking.
- Dress or pack for all possible weather conditions forecast for the day. Layers are the wisest way to dress for the outdoors—you can add or remove as you go. We also recommend long-sleeved clothing, even in warmer weather. Poison ivy thrives on the Palisades. Ticks are common. Long clothing, even in warmer weather. We also recommend long-sleeved clothing, even in warmer weather.
- In case of emergency, call the Parkway Police at 201-768-6001.

**Carpenter’s Loop**

Moderate. About 5.5 mi, 2.5 hrs, round-trip. Note: Detour for trailhead closure is red.

1. Start at the south end of Ross Dock Picnic Area and head south on the Shore Trail (white markers) as it follows the road to Hazard’s Dock.
2. Pass the bottom of Carpenter’s Trail.
3. About half a mile south of Hazard’s, the Shore Trail will turn right (west) and ascend on stone steps.
4. At Hudson Terrace turn right and take the paved pathway north.
5. At the entrance to Fort Lee Historic Park, cross at the light to the west side of Hudson Terrace and turn right (north) to take the sidewalk north about 0.5 mi. to the Carpenter’s Trailhead.
6. Take Carpenter’s Trail (blue markers) up the stairs and onto the walkway along the overpass over the Parkway, then down the next stairs and into the woods.
7. Carpenter’s Trail intersects with the Long Path (aqua markers). Turn left here to follow aqua north.
8. In about 0.75 mi, the Long Path will pass Allison Park (restrooms and great views here!) and follow along a road. Look for where the trail goes up and alongside the Sisters of St. Joseph (private property).
9. When you come out of the woods at Palisade Avenue, turn right (east) to find the start of the Dyckman Hill Trail (yellow markers) across the road at the Englewood Cliffs park entrance. Follow yellow as it zigzags down the mountain alongside a stream to Englewood Picnic Area & Boat Basin.
10. Use caution to cross the road at the bottom, then turn right (south) onto the Shore Trail (white markers) and take white south and back to Ross Dock Picnic Area. You’re done! Great job!  

**Repeated Winter 2021**